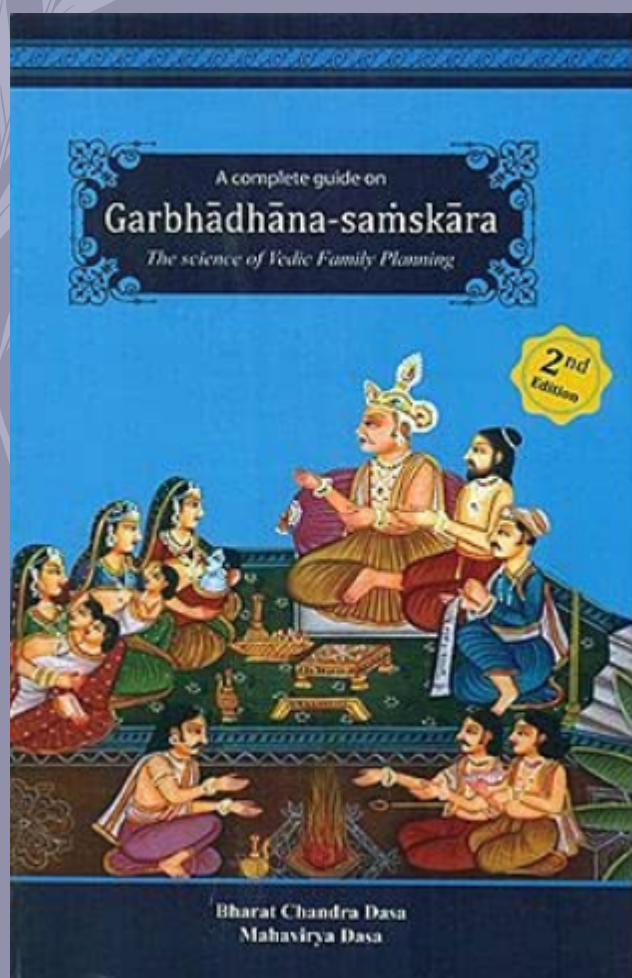


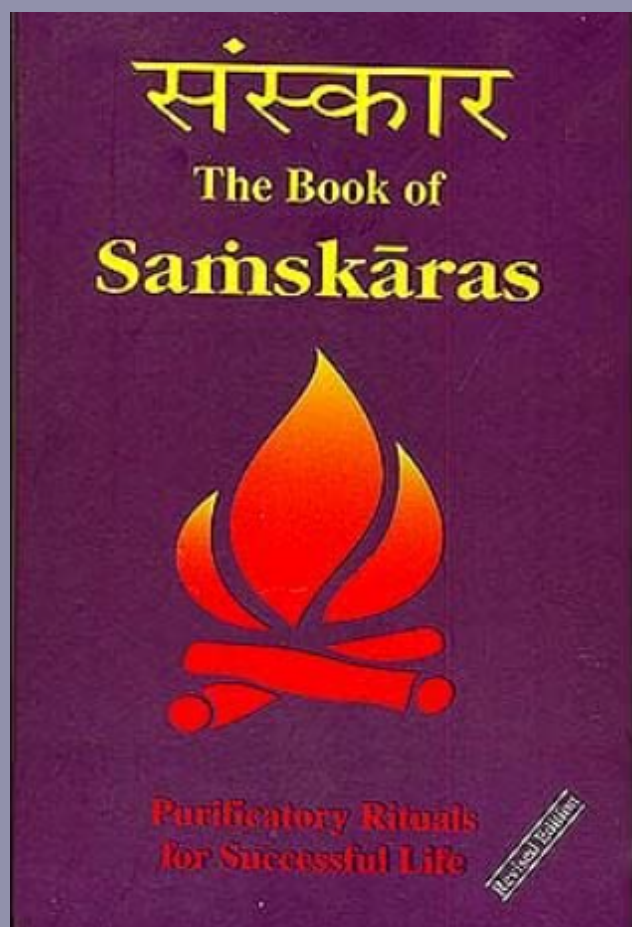
# READING RECOMMENDATIONS

## PART 1



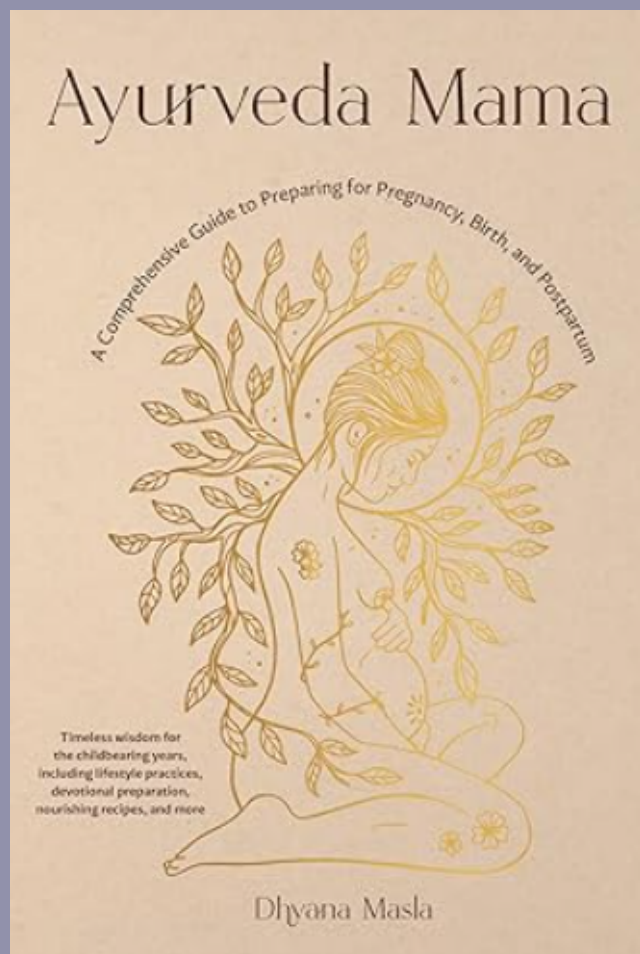
A Complete Guide on Garbhadhana-Samskara

**By Bharat Chandra Dasa & Mahavirya Dasa**



The Book of Samskaras

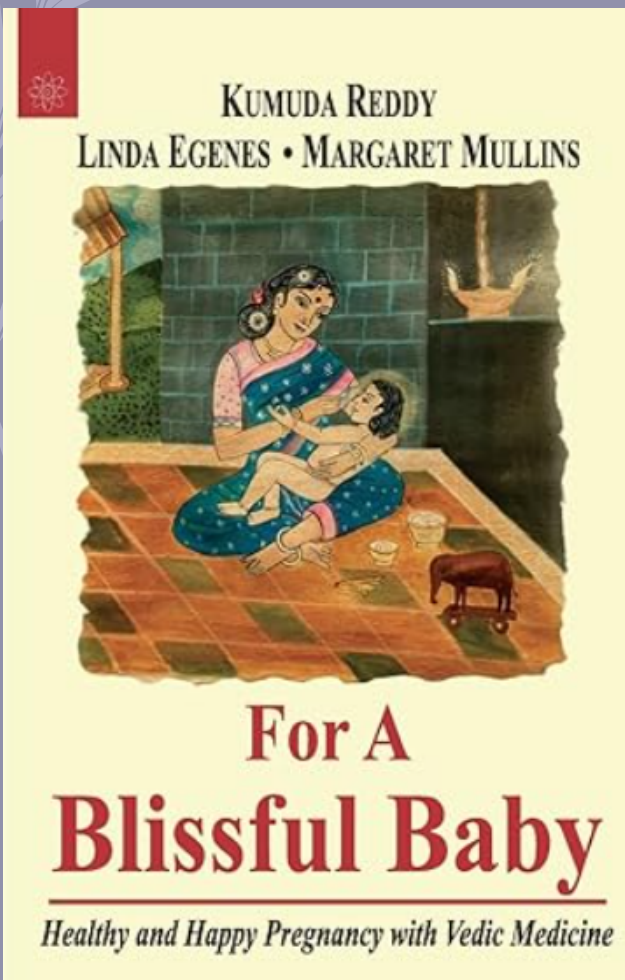
**By Prema Rasa Dasa & Sandipani Muni Dasa**



Ayurveda Mama

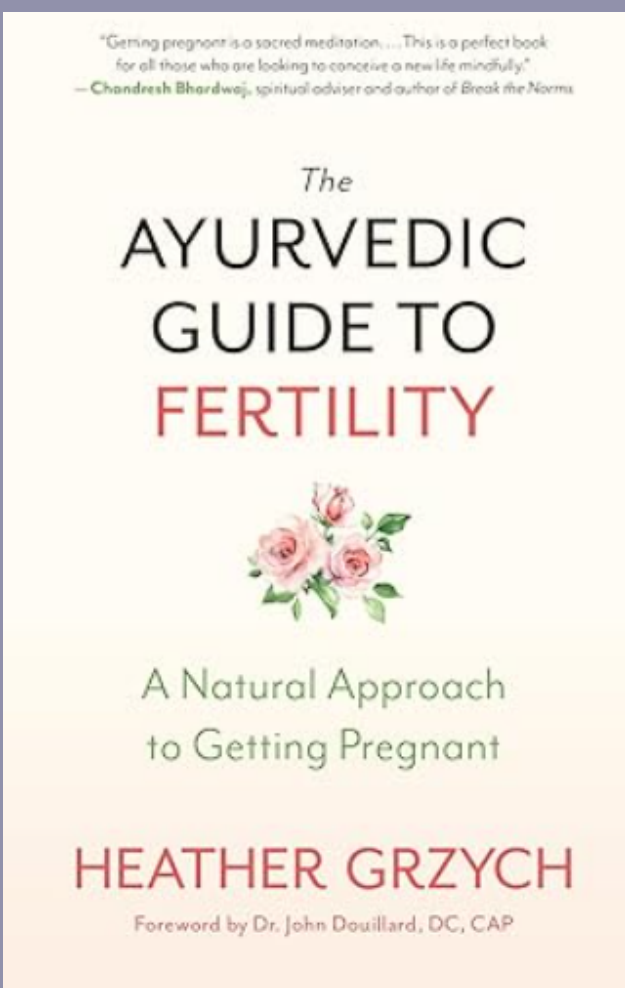
**By Dhyana Masla**

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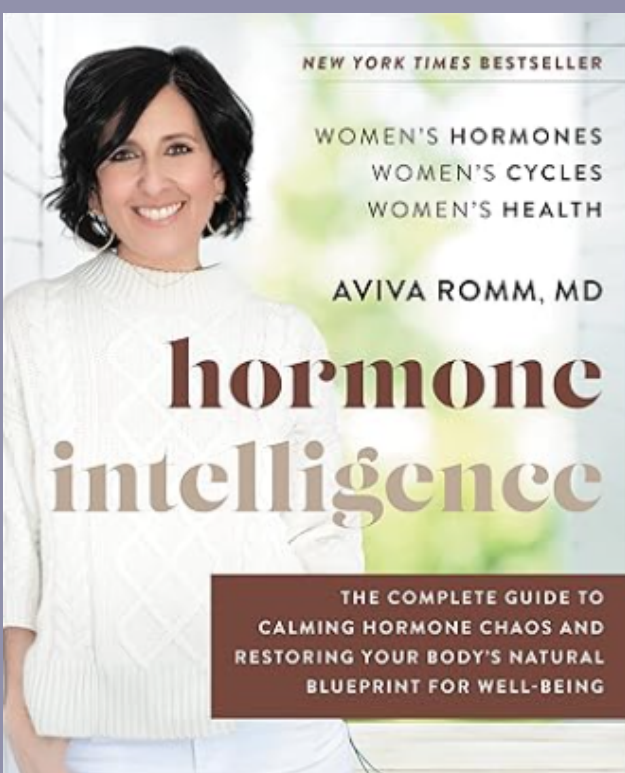
For a Blissful Baby: Healthy and Happy Pregnancy with Vedic Medicine

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Ayurvedic Guide to Fertility

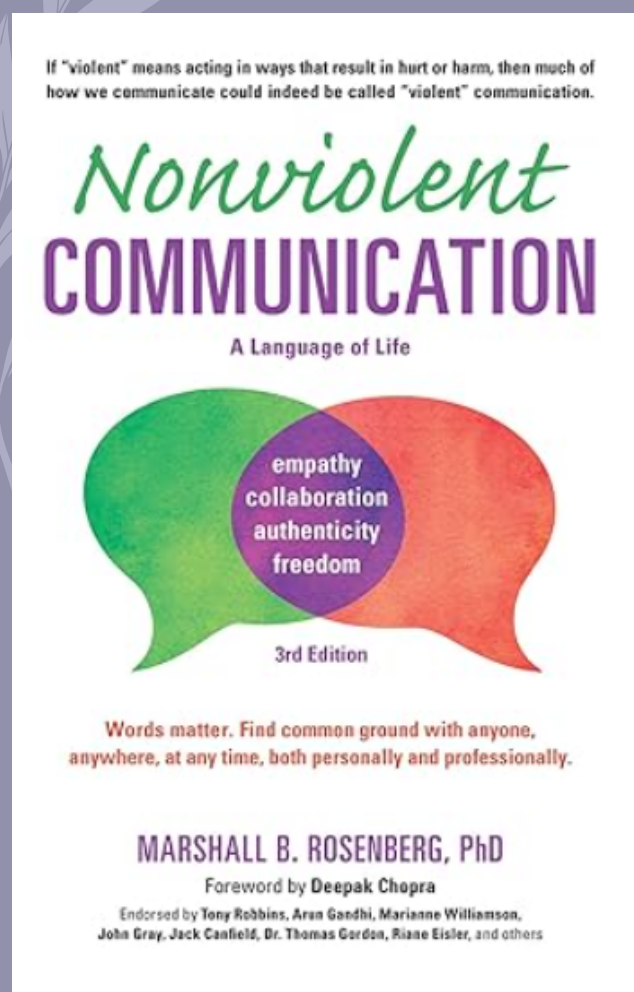
***By Heather Grzych***



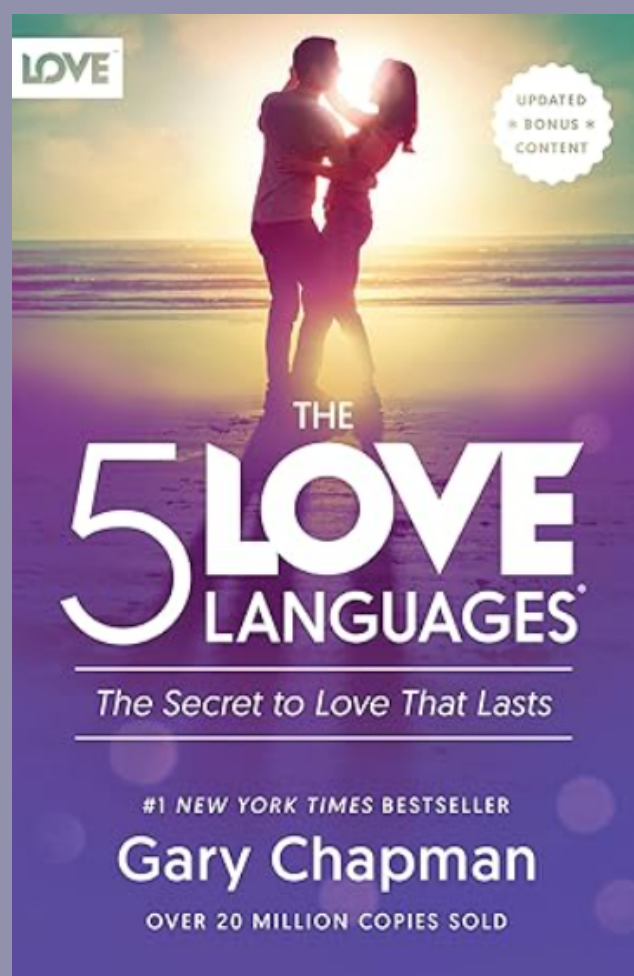
Hormone Intelligence

***By Aviva Romm***

# READING RECOMMENDATIONS



Nonviolent Communication  
**By Marshall B. Rosenberg**



The 5 Love Languages  
**By Gary Chapman**



Heart and Soul Connection  
**by The Grihastha Vision  
Team (GVT)**